

Dear Caregiver,  
Your loved one had the eCoin tibial stimulator placed to treat Urge Urinary Incontinence. This condition causes the inability to control the bladder. This small tibial stimulator placed near the ankle is clinically proven to reduce urinary leakage due to Urge Urinary Incontinence.<sup>1\*</sup>

\*In a clinical study, 68% of patients experienced at least a 50% reduction in UUI episodes after 48 weeks.

\*\*In the pivotal study, 73 out of 123 patients had at least a 50% reduction of UUI at 4 weeks and 85 out of 121 had at least a 50% reduction at 8 weeks.

\*\*\*If you're given an antibiotic to prevent infection, it's important to finish it as directed.

#### References:

1. Rogers A, Bragg S, Ferrante K, et al. Pivotal study of leadless tibial nerve stimulation with eCoin® for urgency urinary incontinence: an open-label, single arm trial. *Journal of Urology*. August 2021.

The eCoin Peripheral Neurostimulator ("eCoin") is part of the eCoin Peripheral Neurostimulator System ("eCoin System") including device accessories. **Indications:** The eCoin is intended to be used to treat urgency urinary incontinence in patients intolerant to or having an inadequate response to other more conservative treatments or who have undergone a successful trial of percutaneous tibial nerve stimulation. **Contraindications:** The eCoin is contraindicated for the following patients: • Poor Surgical Candidates: The eCoin should not be implanted in patients who are poor surgical candidates. Poor surgical candidates include those who have open wounds or sores on the lower leg or foot; had prior surgery in the implant area; had previous, unhealed trauma in the implant area; pitting edema ( $\geq 2+$ ) in the lower leg; venous disease/insufficiency in the lower leg; arterial disease/insufficiency in the lower leg; vasculitis or dermatologic conditions in the lower leg, infections near the implantation site in the lower leg. • Patient cannot properly operate the Patient Controller Magnets and paper tape for use in the event of unintended or unwanted stimulation.

**Warnings:** Full-body security scanners used by the TSA are considered safe in patients that have a stimulator. The eCoin is MRI Conditional. It is not safe to have a patient's lower leg placed in an MRI machine. For a complete list of warnings, precautions, and potential adverse events, refer to the eCoin Physician or Patient Manual or visit [www.ecoin.us/safety](http://www.ecoin.us/safety). Rx only.

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# What to Expect After Your eCoin Procedure

Review this information prior to your scheduled eCoin procedure date to ensure the best experience.



actual size



[ecoin.us](http://ecoin.us)  
1-833-ECOINUS  
1-833-326-4687

Congratulations on taking the next step to improve your bladder condition. The eCoin<sup>®</sup> Tibial Stimulator is clinically proven<sup>†</sup> to reduce Urge Urinary Incontinence which is a symptom of OAB syndrome. Please carefully review and follow these instructions.

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### General expectations:

Some patients may experience temporary discomfort after the procedure. You may have soreness at or near the lower leg incision. The device is activated around 4 weeks after the procedure when your incision is well healed with minimal swelling. Many experience relief 4 weeks after activation with even greater reduction in Urge Urinary Incontinence 8 weeks after activation.\*\*

### Here are some recommendations:

- Follow your physician's instructions for stopping any blood thinners prior to the procedure
- The night before the procedure, wash your lower legs
- A shower bag will be provided to keep the area dry for 2 weeks
- 5 days after the procedure, or as directed by your physician, remove the dressing placed over the incision on the procedure day and replace it with the light dressing provided to you
- Your physician will usually arrange for a checkup 10 to 14 days post procedure
- Provided compression wraps should be worn for 4 weeks after the procedure to help the healing process
- Wear flat shoes that do not hit the incision for 4 weeks post procedure
- Avoid vigorous ankle movement for 8 weeks (i.e. running, biking, hiking and swimming)

### Day of the procedure:

- On the day of the procedure, wear a loose-fitting bottom that can be pulled up to expose the lower leg
- On the day of the procedure, wear flat shoes that do not cover the ankle area

### Take the following medications as directed\*\*\*:

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### Post procedure issues:

You should contact your eCoin physician if you experience any of the following:

- Temperature above 101.5° (taken by mouth)
- Excessive pain at the lower leg not controlled by over the counter analgesics
- High amount of fluid drainage from the incision

### Additional precautions:

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**If you need immediate attention, go to the hospital emergency room for evaluation.**